

Hawaii MARINE SPORTS

HAWAII MARINE C SECTION

OCTOBER 15, 2004

Eagles destroy Bulldogs, 20-6

Mighty Might's bring heart-pumping action to youth football

Cpl. Jessica M. Mills

Sports Editor

It is widely believed by many that there is no action or excitement in youth football games, but this assumption was proven wrong Tuesday evening when the Eagles soared over the Bulldogs, 20-6 during a Mighty Might's Division youth flag football game at Pop Warner field here.

The Eagles began the first quarter with confidence, with one win and one loss under their belts, they were ready to up their stats. The coin toss gave the Bulldogs control of the ball, and on the first down the receiver dropped the pass. Since there are no fumbles allowed in the youth league, when a ball hits the ground, it is just considered a dead ball.

The Eagles took control and the receiver managed to make it to the 30-yard line before he was tagged. On the second down, the Eagles attempted to gain extra yardage by going to the sky, but the pass was incomplete.

By the fourth down, the Bulldogs were literally growling. Finally, Mac Alexander, 7, a Bulldog receiver, made it to the 40-yard line with some magnificent footwork for the first down.

For the next few downs, both teams moved up and down the 30 and 40-yard line, but neither really gained any substantial yards.

During the second down on one of the Eagles possessions, quarterback Zakk Gorman, 10, passed to Eagles player Lorenzo Walker, 10, and with unbelievable speed Walker sliced down the sideline and reaches the end zone, making the first touchdown of the game. The Eagles attempted the extra point but the pass was incomplete bringing the score to 6-0.

In the second quarter, the Bulldogs continued their fight for yardage, but the Eagles defense was to tight. The Eagles

See FLAG FOOTBALL, C-8



Cpl. Megan L. Stiner

Excitement came alive once again at Riseley Field as the fall intramural softball season kicked off. The first game of the season was an intense battle between CSSG-3 and CPRW-2, which ended with a 9-7 victory in favor of CPRW-2.

Softball season is back

Sailors from CPRW-2 defeat rivals CSSG-3, 9-7, in opening game

Cpl. Megan L. Stiner

Combat Correspondent

The fall intramural softball season officially began Tuesday at Riseley Field, when Marines from Electronics Platoon, Maintenance Company, Combat Service Support Group 3 went head to head with members of the Commander Patrol Reconnaissance Wing 2 who won the game 9-7.

The pre-game atmosphere was filled with

anxious players tossing around softballs and kicking up dirt.

When the game finally began, the desire to win showed through on both sides of the diamond as players and spectators shouted words of encouragement to their team members as well as words of discouragement to the opposing team.

The first inning proved the game would not be a blowout with both teams bringing two players around to home plate. With the first inning ending in a tie, the competition took another step forward.

Players became more aggressive in the second inning and the score rose to 2-4 in favor of CSSG-3.

CPRW-2 sent three batters up, but they were quickly sent back into the dugout with three outs due to superb fielding by CSSG-3. The

tables had turned early in the game but CPRW-2 was not easily swayed by one inning.

The rest of the game was a back and forth battle between the teams as batters scored runs and fielders made outs.

The top of the seventh inning proved to be the high point of anticipation for the game as the score came to a tie at 7-7. All CSSG-3 had to do was hold off CPRW-2 for one final inning and the victory was theirs.

Unfortunately for the Marines of CSSG-3, the Sailors brought in two runners before the three outs and the first game of the season came to an end with.

"This was our first game of the season, so we just wanted to come out and have a good time," said CPRW-2 head coach Jerry Stanton. "We are looking forward to the rest of the season and hope to have a successful year."

Haters capture victory, 19-6

**Cpls. Megan L. Stiner
and Jared Plotts**

Combat Correspondent

The 3rd Radio Battalion Haters finally put one in the win column as they conquered the Camp Smith Raiders 19-6 at Pop Warner Field Wednesday.

Hater's Jeremy Rose played a prominent role in the victory by dominating both defensively as well as offensively.

The Raiders offense looked promising at times under the play of new quarterback Daniel Turner, but dropped passes and turnovers kept the Raiders from scoring more than once. In five games the Raiders have scored just four touchdowns and no field goals.

Right from the start, the game seemed to be in favor of the Raiders as Scott Gibson ran the ball in for a touchdown in the first three minutes of play.

Their excitement was short lived as the Haters wasted no time moving stealthily up the field and adding six to the board to tie the game.

The score froze throughout the rest of the first half, leaving hope for both teams as they sat in a tie at 6-6. But both teams, coming off humiliating losses, were hungry to keep a winning season alive, or even to begin a winning streak. And they both were aware that only one team would walk away victorious.

The Raiders had won their previous bout against the Haters with a 13-8 win, forcing 5 turnovers and scoring late in the second half to steal any momentum the Haters might have had.

This game was nearly the opposite as the Haters forced five turnovers against the Raiders and put up two fourth quarter scores to displace the weary Raider's defense.

"Our defense played hard. There is no denying that fact. It just gets frustrating spending so much time on the field. We need more support from our fans and our offense," said Raiders defensive captain middle linebacker



Cpl. Megan L. Stiner

Camp Smith Raiders' wide receiver Davian McKnight gets taken down by Haters' defenders during Wednesday night's game at Pop Warner Field.

Evan Williams.

Although they may have played hard, the Raiders defense began to look confused and unprepared as the offense blasted through gaining yards and adding points to the board.

The Haters defense played stellar throughout the game forcing three turnovers, one fumble around the ten-yard line and two picks in the end zone.

As the final quarter dawned, the Raiders became more and more fatigued and apprehensive as their offensive plays were stopped short and their normally confident defense, led by Steven Washam, lost their edge.

As the Hater's took full control and capitalized on the Raiders mistakes, it was apparent

See HATERS, C-8



Cpl. Megan L. Stiner

Hater's quarterback Victor Avilos runs to the outside to gain a few yards for the Haters after finding no open receivers.

'Bucking Bull Contest' sparks a rage at Kahuna's

Cpl. Megan L. Stiner

Combat Correspondent

Kahuna's Sports Bar & Grill was busting with excitement Oct. 6 as 16 service members vied for the top position in the "Bucking Bull Contest" to qualify them for the finals in December.

Kahuna's has been hosting the mechanical bull-riding contest since the beginning of September.

"Normally there is a turnout of about six to ten people," said a staff member. "This was the busiest night we've ever had."

The top rider of the night was Sgt. Kenneth Clow, a central technical publishing librarian with Marine Heavy Helicopter Squadron 363. Clow will compete against 12 other individual winners during the bucking bull finals at the end of this year.

For winning Clow received a free t-shirt. The runner-up and third place contestant also received T-shirts for their participation.

Out of the 16 contestants, only two of them were females.

"I just rode for the fun of it. Not to compete," said Petty Officer 3rd Class Hollie Parks, a hospital medical corpsman with Patrol Squadron 47.

Parks explained, riding the bull was a fun experience, and she would do it again, but it is also painful after a couple tries.

There are currently no female finalists and more are encouraged to ride. It has been said that females have a greater advantage due to their center of gravity being different than males.

See BULL, C-8

BASE SPORTS

October 15 / Today

Improve Your Short Game Golf Clinic — The Kaneohe Klipper Golf Course is offering a “Short Game Clinic,” held from 5:30 to 6:30 p.m., for five consecutive Fridays beginning today.

The course focuses on shots made around and on the green — from pitch shots, to chipping, to sand play, to putting — the fastest and easiest way to improve golf scores.

The cost is \$80 in all, and the course is open to everyone, but limited to the first 15 students.

Sign up at the Pro Shop, or call 254-1745 or 254-3220.

Youth Basketball Now Registering — From now until the end of October, register your child for Youth Basketball. The season runs January through February, and hosts leagues for children 6 – 17 years old. Practice begins in December.

The registration is \$40 for Youth Activities Members, and \$50 for non-members.

A photocopy of a military identification or a birth certificate is needed for registration.

For more information, call 254-7610 or 254-7611 or stop by building 5082, Mondays through Fridays from 9 a.m. to 5:30 p.m.

Youth Basketball Coaches Needed — Be a youth sports team mentor through Youth Activities sports programs.

Interested volunteer coaches for the Youth Basketball season from November through January should call Youth Activities at 254-7610 or 254-7611.

Youth Activities Manana is also looking for interested volunteer coaches for their sports, fitness and recreational leagues and can be reached at 456-1662.

16 / Saturday

MCBH Cross-Country Running Team Trial — Tryouts for the MCB Hawaii Cross Country running team will be conducted in conjunction with the University of Hawaii's 5000 meter cross-country run at the Klipper Golf Course, to be held at 6 a.m. on Saturday.

Another tryout is slated for Nov. 4 if you are unable to attend this run.

Call MCCS Athletics at 254-7590 for more information.

19 / Tuesday

All Marine Wrestling Clinic — The All-Marine Wrestling Coach, Dan Hicks, will conduct a wrestling clinic Tuesday through Friday.

The purpose of the clinic is to identify qualified Marines for the All-Marine Wrestling Team.

If you think you have what it takes, including command approval, contact MCCS Athletics at 254-7590 or 254-7591.

30 / Saturday



1st Splash and Dash Biathlon — The HSL-37 Splash and Dash begins at hangar 101, at 7:30 a.m., on the pad.

A 500-meter swim kicks off the biathlon, followed by a 5-kilometer run. The event is open to the public.

The entry fee for the event is \$15 and includes a race T-shirt. There is a \$3 late fee per runner after Oct. 22, so register now at the Semper Fit Center, building 3037.

You can also register on race-day, but are not guaranteed a race shirt.

Packet pick-up upon registration will be held on Oct. 28 and 29, from 9 a.m. to 4 p.m. at the Semper Fit Center as well.

Awards will be presented to the top three finishers overall, both men and women, as well as the top three in the following age categories: ages 19 and under, 20 – 24, 25 – 29, 30 – 34, 35 – 39, 40 – 44, 45 – 49, 50 – 54, 55 – 59, 60 and above.

Contact MCCS Athletics at 254-7591 to register or for more information.

19 / October

Fall Swim Lessons Session 4 — Join the Kaneohe base pool for Swim Lessons Session 4, for eight classes, held Tuesday through Friday for two weeks.

The class costs only \$35, and numerous levels are available for all levels of instruction.

The times for the classes vary. Most are at 1 and 2 p.m.

Ongoing

Gone Fishin' — Join Mahalo Kai Fishing Charters for a day beyond the bay.

Located at the base marina, the charter contractor has two different boats to accommodate all of your fishing needs.

Check out the newest boat, the Bill Collector, built for charter fishing at its finest and most comfortable.

Call 254-7667 for more information.

Inexpensive, Fun Entertainment — Look no further for economical entertainment, as Mondays through Thursdays, all E-5 and below can receive free rental shoes and discounted games at only \$1.50 a game.

This discount is good for open play, and does not qualify for tournaments, leagues or unit functions.

Call the K-Bay Lanes now to get the spin at 254-7693.

Color Pin Special — Every Wednesday, roll a strike when a colored pin is in the head-pin position, and win up to three free games of bowling. All patrons are welcome to this deal. If you make the play, you win!

Parents for Fitness — This cooperative baby-sitting effort is available at the Semper Fit Center, for children ages 6 weeks and older.

All active duty service members and their families may participate; however, PFFP participants are required to volunteer baby-sit three times per month.

Call 235-6585 for more information.

Paintball Hawaii — Near the Lemon Lot, by the intersection of Harris Road and Mokapu Road lays Paintball Hawaii. Shoot over for the great deals and have a blast.

Cost is only \$25 per person, and the fee includes one air refill, equipment and the field fee.

Players can purchase paint at the field from \$45 – \$50 for a case of 2,000 balls.

The field is open on weekends from 9 a.m. to 5 p.m. Call 265-4283 for Friday appointments.

Junior Lifeguards — The base pool is currently offering Junior Lifeguard instruction for the youth at MCB Hawaii.

Let your kids enhance their skills and abilities in the water, plus gain confidence and experience that can

lead to a job.

Contact the base pool at 254-7655.

Take the Plunge — Wet your feet and beat the heat at any one of four MCCS pools that serve your swimming demands.

Splash to the K-Bay main pool at building 981, the Hilltop Pool at building 502 (for O' Club members only), the Camp Smith pool at building 125, or the Manana Housing pool in building 840.

Massage Therapy — Massage therapy, by certified massage therapists, is available at both Kaneohe Bay and Camp Smith.

The massage therapy program will

help relieve your mental and physical fatigue and improve your overall circulation and body tone.


Appointments are available by calling the K-Bay Semper Fit Center at 254-7597, or Camp Smith at 477-5197.

Okinawa Kenpo Karate — Every Tuesday and Thursday, join MCCS Youth Activities' contractor for Kenpo Karate Kobudo classes, held from 6 to 7:30 p.m. in building 1391, located behind the 7-Day Store.

Adults and children are welcome, and costs are only \$35 for adults and \$25 for children.

Call the Youth Athletics Office at 254-7610 for more information.

Base All Star




Dan Lee

Unit: Marine Helicopter Training Squadron 301

Billet: Administration Chief

Hometown: Enterprise, Ala.

- He has played football since he was 9-years-old, but really became interested in the sport by watching his father play ball, and playing on the playground with his cousins.
- This is his first year playing at K-Bay but he has been active in intra-mural football throughout his seven years in the Marine Corps
- He was on the championship team in San Diego with Headquarters and Service Company when they won the West Coast Regionals Baseball tournament.



MCCS raffles Super Bowl XXXIX tickets

Press Release
Marine Corps Community Services

MCB QUANTICO, Va. — This fall, Marine Corps Community Services clubs and restaurants across the Corps will be sponsoring the MCCS Football Bash in an effort to get Marines into MCCS facilities for a little fun, camaraderie, and football.

From today through Dec. 9, any time you patronize an MCCS Club or restaurant, you will be eligible to enter into a raffle for a chance to win the Grand Prize — a four day/three night,

all expense paid trip for two to Jacksonville, Florida, to attend Super Bowl XXXIX, valued at over \$7,000.

The Grand Prize winners will also receive \$500 spending money. The Second Place Prize will be \$1,000 and sponsor merchandise, and the Third Place Prize will be \$500 and sponsor merchandise.

Each installation will consolidate raffle entries and hold a drawing for installation first, second and third place winners on Dec.10.

These winners will receive MCCS gift certificates and merchandise. The installation first

place winner will be entered in the raffle for the top three prizes, including the Grand Prize trip to Super Bowl XXXIX.

The Grand Prize Raffle will be held Dec. 17, at Personnel and Family Readiness Division, Headquarters Marine Corps, MCB Quantico, Va.

Authorized patrons can obtain entry forms at Officers, Staff NCO, Enlisted, or Consolidated Clubs, and MCCS operated base restaurants. On bases that do not have an enlisted club, raffle tickets will be available in the recreational center where enlisted person-

nel gather.

It is the responsibility of the patron to completely and legibly complete and return entry tickets in time for the drawing.

Illegible or incomplete entries and those submitted by unauthorized patrons are null and void. No purchase is necessary to enter in the raffle and prizes are not redeemable for cash.

Official event sponsors include Coors Brewing Company, Tyson Foods, and Coca-Cola. For more information, contact your local MCCS Club or restaurant manager.

COMMUNITY SPORTS

HTMC to Hike Aiea Loop, Saturday

Hikers should meet at Iolani Palace at 8 a.m. for this four and a half-mile novice, contour hike.

Great views of H-3, the Waianae Mountains and Pearl Harbor will be seen as hikers wind through the forest.

Call coordinator Donna Davis-Brown at 422-7830 for detailed information.

A \$2 donation is requested for each non-member, age 18 or over. A responsible adult must accompany children under 18.

Bring lunch and water on all hikes and wear sturdy shoes and clothing. Firearms, pets, radios and other audio devices are prohibited on hikes.

Check out the HTMC Web site at www.geocities.com/Yosemite/Trails/3660 for more information.

Sunday Polo at Waimanalo

Gates open at 1 p.m. with games kicking off at 2:30 p.m. for the Finale Colin Ogawa Memorial Cup match of the Honolulu Polo Club's 2004 tournament at the polo fields across from Bellows Air Force Station.

Cost is \$3, keiki 12 and under are free. The ponies will be available for children to visit after the matches.

For more information about the Honolulu Polo Club, visit www.honolulu polo.com.

State Offers Outdoor Education

The Hawaii Department of Land & Natural Resources is offering education classes for the public.

Subjects covered include firearms and archery safety, survival and first aid, wildlife

identification and conservation, regulations, game care and outdoor responsibility.

Attendance at two sessions is required for certification, and classes are open to anyone 10 years or older who enjoys the outdoors — not just hunters.

The next two-day session is Oct. 22 from 5:45 to 10 p.m. and Oct. 23 from 7:45 a.m. to 4 p.m. in classroom A-212 at the Nimitz Business Center, 1130 N. Nimitz Hwy. (Drive up the ramp to the classroom, which is the first room on the right.)

A picture ID is required for entry to the sessions. For more information about outdoor education, or to sign up for this course, call 587-0200 or visit www.hawaii.gov/dlnr/Welcome.html.

Friends of Kailua High School to Host 5K

The Friends of Kailua High School, composed of students, faculty, parents, alumni and other supporters, is sponsoring a 5K fun-walk/run on Nov. 14.

The event kicks off at 7 a.m. at the Kailua High School gym located at 451 Ulumanu Drive in Kailua. Proceeds from the event will go to the high school's Computer Academy.

Entry fees for the race are \$19 with a T-shirt, \$10 without a T-shirt. Entry forms can be found in the Athletes Hawaii magazine, available at sporting goods stores or at Kailua High School.

Online registration can be done at www.active.com. Registration will also be accepted starting at 6 a.m. on race day.

Call Ann Higashi at 266-7900 or Ed Kemper at 524-0330 for more information.

Race for the Cure, Oct. 24

The 10th Annual Komen Hawaii Race for the Cure will kick off at 7 a.m. Oct. 24 at Kapiolani Park. More than 7,000 male and female runners and walkers are expected for this coed 5K (3.1 miles) race and a 1-mile fun walk/run.

Over 450 breast cancer survivors are expected to turn out. There will be a survivor recognition ceremony prior to the race and survivors will receive pink T-shirts and hats.

Pink “In Memory Of” and “In Celebration Of” back signs will be available for all entrants who wish to recognize family members and friends who have been touched by breast cancer.

The top three finishers in the 5K Run and the male and female top three finishers in the 16 age divisions will receive awards.

Entry forms are available at area fitness and running stores, hospitals, and select grocery stores. Packet pick-up and pre-registration will be held on the 5 days prior to the race, visit www.raceforthecurehawaii.org/race.htm for locations and times.

Individual entry fees are \$27 if postmarked by Oct. 18 and \$30 on race day (5 – 6 a.m.). All participants will receive an official Komen Hawaii Race for the Cure T-shirt.

Bellows Offers Adventure Programs

Whether you are spending a few weeks or just visiting for the day, check out any of the following weekly Bellows Outdoor Adventures programs.

For more information, call Turtle Cove at 259-4121 anytime from 8 a.m. to 8 p.m. (Bring bottled water and sunscreen for outdoor activities.)

•*Saturdays at 8 a.m., Morning Paddle:* Take the guided kayak tour to the Mokulua Islands, which offers the opportunity to see birds up close in their natural habitat. Advanced skill level is required.

•*Saturdays at 1 p.m., History Tours by van:* Learn about and see significant historical landmarks on Bellows Air Force Station.

•*Sundays at 8:30 a.m., History Tours by bike:* Ride into off-limits areas on mountain bikes for an extensive seven-mile, three-hour, guided tour of Bellows AFS. Day rental of bikes and helmets is included. Wear closed-toe shoes.

•*Mondays at 8:30 a.m., Hike to Makapuu:* Take a moderate 2.5-mile roundtrip hike to the Makapuu Lighthouse. Wear closed-toe shoes.

•*Tuesdays and Thursdays at 10 a.m., Lei Making:* Pick your own flowers to use in making beautiful lei and enjoy ancient Hawaiian folk tales and stories.

•*Wednesdays at 6:30 a.m., Bikram's Yoga:* Gain a sense of well-being and good health in this Indian-style form of yoga, which features 26 postures and two breathing exercises.

•*Wednesdays and Fridays at 8:30 a.m., Snorkeling Tour:* Discover the magnificent underwater world of the ocean at a nearby, undisturbed reef. Transportation, instruction and snorkeling equipment are included.

•*Wednesdays and Thursdays at 1 p.m., Kayaking Lessons:* Master ocean-kayaking skills including water safety and efficient paddling techniques in this two-hour class.

•*Thursdays at 9 a.m., Beach 101:* The whole family can attend this fun class.

•*Fridays at 1 p.m., Bodyboarding Lessons:* Learn how to catch and ride the waves. Free day rental of boogie board is included.



The Bottom Line

(Editor’s Note: “The Bottom Line” is the **Hawaii Marine’s** weekly sports commentary from two sports aficionados who rarely see eye-to-eye when it comes to America’s one true obsession — sports. Chances are you’ll either agree with one of their takes or disagree with both. Our two resident sports junkies welcome your e-mails of no more than 250 words. We will print the top comment of the week from our readers. Send “Readers Strike Back” comments to editor@hawaiimarine.com. Remember, “**If you don’t speak up, you won’t be heard.**”)

Did “Friday Night Lights” burn out?

Sgt. Joe Lindsay
The Goat

“Being perfect is about being able to look your friends in the eye and know you didn’t let them down. I want you to put each other in your hearts forever — because forever is about to happen. Can you live in that moment as best you can, with clear eyes, with love and joy in your heart? If you can do that, then you’re perfect.”

Coach Gary Gaines

Huh?
Odessa-Permian High School football coach Gary Gaines’ (Billy Bob Thornton) speech at half-time of the 1988 Texas 5A State Championship game in the movie “Friday Night Lights” seemed a little more suited for a pep talk before a “Disney On Ice” figure skating exhibition than for a group of high school samurai who would sooner commit seppuku than let the thugs from big city Dallas-Carter High trample on the dreams of their windswept West Texas town.
Based on controversial best-selling book of the same title by H.G. Bissinger, word of the movie version of “Friday Night Lights” had many, including the Goat, counting the days until its release date of Oct. 8. Unfortunately, as is usually the case, the movie did not live up to the book.
In fairness to director Peter Berg (“Very Bad Things,” “The Rundown”), trying to make a film

out of one of the best sports books ever written is a daunting task, and were the expectations not so high, “Friday Night Lights” might not have seemed so “Any Given Sunday”-ish.
As it is, what viewers got was an MTV generation inspired exercise in quick cut film making reminiscent of the horribly bad editing practices made infamous in CBS’s “AFP: American Fighter Pilot,” where the camera holds a scene for half a second before switching to another scene and so on and so forth.
In spite of all its problems though, there were some bright spots in “Friday Night Lights.” Billy Bob Thornton turned in his best acting performance since “Sling Blade,” and country singer Tim McGraw was masterful as a former high school legend and state champion turned overbearing alcoholic father of Permian tailback Don Billingsley (Garrett Hedlund). Lucas Black also turns in a fine performance as conflicted quarterback Mike Winchell.

Bottom Line: “Friday Night Lights” had the potential to be one of the greatest sports movies ever made. But sadly, like Permian star running back Boobie Miles (Derek Luke), it ended up not living up to its potential. And no matter how much the Goat can relate to that, about the only endorsement he can give the film is to wait until it comes out on bootleg DVD and watch it then. Until that time, read the book. It truly is a classic.

Capt. K.D. Robbins
The Professor

Few generations have been blessed as we, the Baby Boomer/Generation Xs have. We have seen Rocky Balboa rise from loan shark collector to Heavyweight Champion of the World. We have seen “Wild Thing” Ricky Vaughn and “Willie Mays” Hayes defeat the dreaded New York Yankees to win the first Indians division crown in a half a century and who could forget “The Natural,” Roy Hobbs, blasting the lights out at Knights Stadium?
On Oct. 8, the “lights” were relit. This time they gleamed over Ratliff Stadium in a tumbleweed West Texas town named Odessa in “Friday Night Lights.”
Fourteen years after H.G. Bissinger’s one-year sabbatical with the Odessa Permian Panthers, his cousin, director Peter Berg brings his words from the flat pages to the wide screen. The only problem is, this team, these players, this town, it is impossible to capture each and every subplot of the “MOJO” story in a two-hour film. Thus, Berg had to make some cuts.
Berg and the screenwriters focus on the tragic, career-ending injury of would-be Bo Jackson, “Boobie” Miles, the manic

depressive psychological profile of quarterback Mike Winchell and the alcoholic father of running back Don Billingsley. While each and every one of the stories provides authentic “reality TV” drama for the screenplay, anyone who has read the book will leave a bit disappointed.
How could you not? What happened to the civil rights courtroom battle between a would-be “Johnnie Cochran,” representing two of Dallas Carter High School’s star players ruled academically ineligible for the Odessa game, only to have it overturned by game time? Not to mention MOJO’s efforts to keep the young African-American studs off the field? But, that’s Hollywood baby.

Bottom Line: “Friday Night Lights” skips a few vignettes from Bissinger’s tale. But, what movie doesn’t? Tim McGraw’s role as drunken daddy is outstanding. Lucas Black, who will star in “Jarhead,” an adaptation of Anthony Swofford’s best selling book, does well in shouldering the load as Panther QB. In the end, the bride of the Professor said it best. When asked, “Wasn’t that a great sports movie?” she replied, “It was a great movie, whether it was about sports or not.” Enough said. The Professor (and his wife) say: Thumbs up!

Readers Strike Back

“My prediction for the American League is that the Yankee’s will win it.”

Dear Bottom Line,

First off, I have not been watching baseball since the beginning of the football season.
My prediction for the American League is that the Yankees will win it. Besides, who likes Boston anyways? With the Bambino curse, Boston can’t win.
Out of Houston and St. Louis I feel that

Houston will pull away with the National League title only to be defeated by the Yankees in the World Series.
If Houston plays to their capabilities they will make the World Series interesting, but I think the Yankees will win again.
I am not a Yankees fan and have hated them since that PUNK snagged the home run ball during the Yankees/Orioles game in the

playoffs a few years back.
I think that karma worked its magic and the Yankee fans got a taste of their own medicine.
Let’s just end the season so we can concentrate on the NFL.

Maureen McCann
Chicago

SPORTS AROUND THE CORPS

Marines slug it out with Japanese

Cpl. David Revere

MCAS Iwakuni

MARINE CORPS AIR STATION IWAKUNI, Japan — Bats cracked and dirt flew as Marines from Combat Service Support Detachment 36 and the Provost Marshal’s Office met members of the Japanese Ground Self Defense Force in softball action Saturday afternoon. But, was anyone keeping score?

“Nah,” said Cpl. Stan Smith, PMO senior customs inspector, Headquarters and Headquarters Squadron. “It was all for fun. We know they beat our tails fair and square.”

Despite the unofficial route, the Japanese expressed the utmost enthusiasm for their Marine associates.

“Our relationship began four years ago,” said Capt. Teru Katayama, JGSDF 46th infantry regiment commander. “We have done training together, so this is a process of understanding each other.”

Katayama said he would like to continue to hold sporting events like this, giving the rest of the 46th a chance to stomp the Marines.

“We hope in the future we can do something like this again,” affirmed Capt. Michael F. Mastria, CSSD-36 executive officer. “We would like to involve our families as well. This is just

an initial icebreaker to build some camaraderie. I hope these relationships will last.”

Mastria and team stuck to a solid formula for building those relationships: baseball.

“We do bilateral training, so it’s good to meet each other socially and know each other in something other than a military setting,” said Lt. Col. James Gannon, CSSD-36 commanding officer. “We have some fun, and it’s good team building.”

Though competition and team building occurred, fun was the bottom line, according to Gannon.

“It’s just some fun Saturday afternoon softball,” he said.

“It’s all about the camaraderie between the JGSDF and the United States Marines stationed in Iwakuni,” Smith echoed. “These guys are going to go home and tell everyone how they stomped the Marines in softball.”

But, does the score really matter in a game where prizes were awarded for the team clowns?

Smith, who exchanged competitive banter with the Japanese throughout the game, was chosen as the funniest American player.

“It was a good time had by all,” summed Smith. “I really look forward to doing something like this again.”



Cpl. David Revere

Hikaru Tatebe cracks one into left field during the Oct. 2 softball game between Marines and the Japanese Ground Self Defense Force.

‘Sucking it up’ may lead to long-term physical injury

Sgt. Cecilia Sequeira

MCAS Miramar

MARINE CORPS AIR STATION MIRAMAR, Calif. — Pain is just weakness leaving the body — or is it? This popular Marine Corps saying can lead to short-term physical triumphs, like better physical fitness test scores, but may also lead to long-term injuries.

“I’ve never met a Marine that would say, ‘Stop! You might twist your ankle.’ It just isn’t in their nature to worry about it,” said Chief Petty Officer Clifford L. Ryan, aerospace medicine technician, Branch Medical Clinic, Marine Corps Air Station Miramar.

Ryan says Marines usually don’t come into the BMC while the injury is still fresh. “I’ll get an answer like, ‘I hurt it three days ago.’ They

don’t usually come in right away, and that can lead to more serious injuries,” said the Morgantown, W.Va., native.

“Marines with knee injuries continue to play football or soccer, and a strain becomes a ligament tear, or injury to the joint. An injury usually gets much worse before it gets better,” Ryan said. “If they wait too long, they can end up with stress fractures which take much longer to heal.”

According to Ryan, a Marine may put off going to a doctor to maintain full-duty status in order to continue to train with the unit. However, instead of missing a small portion of training during the initial healing process, the Marine only ends up aggravating the injury that may then take several months to heal.

“I’m not saying run to medical for every lit-

tle ache and pain, but if you have an injury, get it evaluated,” cautioned Ryan.

Ryan recently returned from Iraq where he heard a lot of comments like, “I can’t stop to take care of it right now because we are busy.”

Lance Cpl. Joel Padron, aviation technician, Marine Aviation Logistics Squadron 11, Marine Aircraft Group 11, 3rd Marine Aircraft Wing, doesn’t like to go to medical right away.

“I pulled a muscle in my shoulder because I didn’t stretch before doing pull-ups. I regret that. I’ve (also) seen people hide injuries. There’s a lot of the, ‘It will go away eventually, (or) I’ll walk it off’ mentality. When all else fails, take Motrin,” he said, laughing.

Marines who are too stubborn may avoid seeking help for too long. “You could end up being found not physically fit to remain on active duty by the time you finally have to come in,” said Ryan, about stubborn Marines’ iron will to stay out of the BMC.

“Everyone should seek to be physically fit as part of a Marine lifestyle, but don’t injure yourself in the process and end up with a disability,” said Ryan.

Some of Ryan’s advice for preventing injury include replacing running shoes at least every six months, warming up, stretching, and cool-

See INJURY, C-5

Senior DI exercises passion for heavy lifting



Sgt. Len Langston

Sgt. Steve Thompson, Platoon 3008 senior drill instructor, India Company, juggles a platoon, a family and time to bench press up to 400 pounds.

Sgt. Len Langston
MCRD San Diego

MARINE CORPS RECRUIT DEPOT SAN DIEGO, Calif. — Lifting more than 400 pounds is a task few men have the strength to accomplish. Adding the weight of bearing the responsibilities of 80 recruits and a family with two children is even more difficult.

Sgt. Steve D. Thompson, Platoon 3008 senior drill instructor, Company I, stepped onto the drill field March 2002 with the responsibilities of making Marines on his shoulders. His passion for powerlifting has lightened the load of those responsibilities.

Maintaining the energy and drive throughout his endeavor on the drill field has not been easy, but Thompson is continuing to go strong.

“He can stay focused on more than one task and be successful, and that’s outstanding on his part,” said senior drill instructor Staff Sgt. Evann R. Rogers, Platoon 3005, Company I.

Thompson grins when he says powerlifting is his passion and that it has taken a bit of the edge off of being a drill instructor.

“It relieves the frustration and stress from a long days work and keeps my mind off work,” Thompson said.

Thompson gives his wife a lot of credit for making it through his tour as a drill instructor.

“She’s the main reason I’m still here today,” said Thompson. “She has a great and bright outlook on things.”

“I’ve had to give a little more (because of demanding hours), but I support him in everything he does, including his powerlifting,” said his wife Navy Petty Officer 2nd Class Penny Thompson.

“That’s his life,” said Rogers. “After working all day he would only talk about lifting and he’d want to go work out.”

“I would lift after lights were out, but it was difficult adjusting and not having time (for serious lifting),” Thompson said.

Thompson is a recognized powerlifter, participating in national competitions in New York, Louisiana and Nevada.

He owns the Louisiana bench press record, which has stood since 2001, with a lift of 402.2 pounds in the men’s single lift bench press in the 198-pound class, junior men ages 20-25 category, according to the World Association of Benchers and Dead Lifters. In 1999, Thompson also competed in a world-class competition in Reno, Nev.

Thompson was introduced to the sport during his first duty assignment, when he arrived at II Marine Expeditionary Force, Camp Lejeune, N.C.

There he met Master Sgt. William P. Wooten,

a body builder and Thompson’s senior staff non-commissioned officer. Williams mentored Thompson and began training him on a course to succeed on the drill field and setting a foundation for strength training.

“We would run him twice a day, three to four miles with a pack, and keep him under 18 minutes. He always scored 300 on his (physical fitness test),” said Wooten.

“I ran in the morning and again in the evening, five days a week with a 40-pound pack,” said Thompson.

“He had a lot of fortitude and would never quit,” said Wooten. “He worked hard to achieve his goal (of becoming a drill instructor) and that speaks a lot about his character.”

Thompson compares competitive powerlifting to competition on the drill field: “You don’t know what to expect on the drill field and during competition. The training schedule is the same just as each competition, but everyday is different and each lift and result is different.”

The 192-pound muscle-bound Marine carries his 5-foot, 8-inch frame with confidence around the drill field knowing he’s accomplished only what few Marines undertake.

“It has been a humbling experience and I’m really glad to be here,” he said. “It’s a long road. It’s one cycle at a time and when you get to the end you can say, ‘I made it.’”

INJURY, From C-4

ing down during every workout and giving each muscle time to recuperate between workout sessions.

“There is still a lot of the old mentality that the only way to be physically fit is to run 100 miles a day for 100 days,” joked Ryan. “I would go see one of the personal trainers they have at the gym instead.”

“They have aerobics, yoga, spin classes, and all kinds of fitness programs for free,” added Ryan.

“Everyday, I see a Marine trying to do a lateral pull-down (on a weight machine) behind the neck. It’s dangerous. It must be done up front towards the chest. There are always Marines trying to impress each other, and they end up trying to lift too much weight without spotters. It’s an easy way to hurt yourself,” said Janis C. Rodriguez, fitness coordinator, Semper Fit Division, Marine Corps Community Services, Marine Corps Air Station Miramar.

In addition to training Marines safely, the trainers are also there to educate and help them either gain or lose weight. “We can train people the right way to get the most out of their workout. Each body is different, so

what works for one person may not work for another,” she added.

“It’s important to go to a professional for advice and not just listen to someone who looks good. That person may have improper technique. Their joints may be suffering. Train for the future. It’s a lifestyle technique,” she said.

Rodriguez is one of many personal trainers on station who offer free physical fitness programs for all military identification card holders.

Although all of her services are available to active duty, she is usually only approached by retirees, dependents and Marines referred to a training program by their command.

“All you have to do is call or walk in for an appointment. We have three gyms and at least ten fitness trainers,” she said. “We’ll restructure according to demand. It’s good to come in with a buddy for spotting, but ask a personal trainer for help. There’s a lot we can do.”

Pain may be weakness leaving the body, but with proper training and education about physical fitness, that pain does not have to last forever.

For more information or to contact a personal trainer, call the Semper Fit Center at 254-7597.



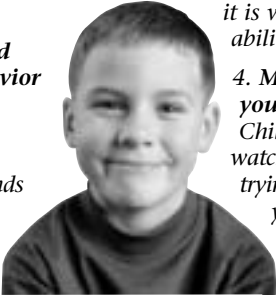
Sgt. Cecilia Sequeira

Lance Cpl. Joel Padron, an aviation technician with Marine Aviation Logistics Squadron 11, lifts weights without a spotter at Marine Corps Air Station Miramar, Oct. 7.

Children Learn More from Dos than Don'ts

Young children will be better behaved when they know clearly what you expect of them. Instead of just saying, “Don’t do that,” show and tell your child what you do want him or her to do.

- 1. Teach your child the steps of the desired behavior.**
It is unreasonable to expect your child to do something if you haven't taught it to him or her.
- 2. Have your child describe the behavior back to you.**
This will tell you whether or not your child understands your expectations.
- 3. Ask your child to demonstrate the behavior to you.**
If your child can demonstrate the behavior reasonably well, then you know that it is within the child's abilities.
- 4. Model the behavior yourself.**
Children are always watching you and trying to imitate your behavior.



For more tips on parenting, visit www.parenting.org or call the Girls and Boys Town National Hotline, (800) 448-3000.

A CFC participant — provided as a public service.

Health watch

Should you test for breast cancer genes?

Press Release

American Cancer Society

This month across the nation, flyers, pink ribbons, and news reports of all kinds will raise awareness about breast cancer, regular mam-mograms, and what scientists are learning about the ways women may be able to reduce their risk for the disease. But when the family tree is heavy with cases of breast or ovarian cancer, women may need personal and expert guidance about how to protect themselves, and whether it's wise to be tested for inherited changes in breast cancer genes or not.

Genetic counselor Shelly Cummings, MS, stresses that it's very important to understand and carefully weigh the pros and cons of genet-ic testing before going ahead with it. About a quarter of the women diagnosed with breast cancer have some family history, but the specif-ic DNA changes linked to breast cancer are much less common than that (accounting for only about 5% to 10% of all breast cancers) ... and far more likely to trigger illness.

So who should be tested for altered breast cancer genes? What can a woman with positive test results do to stay healthy? Should women (and men) with the altered genes have chil-dren?

Cummings answered these, and other com-mon questions, based on her experience as Assistant Director of the Cancer Risk Clinic at the University of Chicago Medical Center.

Who should be tested for genes changes that cause breast cancer?

"A woman should consider genetic testing for changes in the BRCA1 and BRCA2 genes if she has a family history of multiple individuals with breast cancer from different generations. We take a three-generation family history [for women who come in for counseling] and in most families we can see a pattern of breast cancer ... although not always."

"Women who have the disease themselves, particularly at a young age, could consider being tested, too. Even though they might not have seen a family history of breast cancer, because they have a small family."

Other factors that increase a woman's risk for breast cancer and should be discussed dur-ing genetic counseling include:

- Having two or more relatives with breast or ovarian cancer.
- Breast cancer before age 50 in a relative (mother, sister, grandmother or aunt) on either side of the family. The risk is higher if your mother or sister has a history of breast cancer.
- Relatives with both breast and ovarian can-



Courtesy of the American Cancer Society

This mobile screening van, which is run by the American Cancer Society, makes breast mammo-graphs more accessible for the public.

cer.

- One or more relatives with two cancers (breast and ovarian, or two different breast can-cers.)
- A male relative (or relatives) with breast cancer.
- A family history of breast or ovarian cancer and Ashkenazi Jewish heritage.
- A family history that includes diseases associated with hereditary breast cancer, such as Li-Fraumeni or Cowdens syndromes.

Cummings warns that, on occa-sion, hereditary breast cancer can appear to skip a generation, giving family members the mistaken idea that there's nothing to worry about.

"When families see that the moth-er didn't have it, though the grand-mother did, they think they're safe, but they may not be."

What will I learn from being test-ed?

"Some women think the test can tell them when they will get cancer, and of course it can't. If they think it's like a cholesterol test with an exact number, they've got the wrong idea — there's a lot of gray area [in how genes influence woman's indi-vidual risk of breast cancer.]

"We believe that the lifetime risk of developing breast cancer among women with altered BRCA1 or BRCA2 genes ranges from about 40% to as high as 85%. Those numbers are based on multiple studies, and the 85% risk estimate comes from four to five stud-ies of breast cancer found at an early age. Mutations in these genes also increase your risk for ovarian cancer by up to 60%."

"Eastern European women with the altered

genes have a 56% lifetime risk of developing breast cancer. There are many different muta-tions that can occur on these genes ... Some preliminary papers indicate that women with a BRCA1 mutation have a more aggressive cancer in which the cells are dividing rapidly."

If testing shows I have an altered gene and a very high risk for breast cancer, what should I do?

"Before having the test, women need to be fully informed about what their options will be afterward ... and they need to decide what they're going to do. What will they do if the test results are positive? What if they're nega-tive?"

"If you have this history of cancer and you don't want to have preventative surgery or do anything different than continue being fol-lowed carefully for early signs of breast cancer, then why do you want to take this test?"

"Most women want to know their risk; whether they'll pass it on to future generations. [But even when] two women share the same level of risk, they can have very different ideas about what it means and make different deci-sions about what to do after testing."

The options for women who have inherited an altered BRCA1 or BRCA2 gene include earli-

er, more frequent screening for signs of cancer with mammograms, breast exams, possibly breast MRI scans, and ultrasound exams of the breasts and ovaries. Tamoxifen and certain other drugs may help reduce the risk of breast cancer. Prophylactic (pre-ventative) mastectomies and surgery to remove the ovaries are proving to be effective in greatly reducing the risk of cancer in very high risk women, and women can join a research study of new therapies.

"For some individuals, it really takes something strong, like an altered gene, to get them to do something about their personal risk," Cummings added.

Who will have access to my test results? Can they be used to deny me life and health insurance, or increase my premiums?

"Patients have an exaggerated fear [that genetic testing results will fall into the wrong hands and they won't be able to get insurance]; the reality is it's not happening, or at least we're not hearing about it. Their fear is greater than the risk. But we do need a better federal law."



Courtesy of the American Cancer Society

The American Cancer Society recom-mends women com-plete a monthly breast exam to check for any chan-ges in the tissue.



Factors that may increase a woman's risk for breast cancer and should be dis-cussed include:

- Having two or more relatives with breast or ovarian cancer.
- Breast cancer before age 50 in a rel-ative (mother, sister, grandmother or aunt) on either side of the family. The risk is higher if your mother or sister has a history of breast cancer.
- Relatives with both breast and ovar-ian cancer.
- One or more relatives with two can-cers (breast and ovarian, or two differ-ent breast cancers.)
- A male relative (or relatives) with breast cancer.
- A family history of breast or ovari-an cancer and Ashkenazi Jewish her-itage.
- A family history that includes dis-eases associated with hereditary breast cancer, such as Li-Fraumeni or Cowdens syndromes.

How will my blood test for altered breast cancer genes affect my family?

"This is a genetic test. It's going to tell you what's passed down through the family and if you have the gene, that means one of your par-ents has it, too, and your sisters, brothers, and children could also have inherited it. It becomes an ethical question. Do they want or need to know? Should you tell them?"

"Because it can have come down multiple generations, then cousins, aunts, all those peo-ple can be at high risk."

Should people with the gene mutations have children?

"It's a personal decision. Your daughter could be the first woman president. Breast can-cer is a highly treatable disease. There are a lot of women who have it and go on to have pro-ductive lives."

"In our practice, after people were educated about [the ramifications of having changes in BRCA1 and BRCA2], the benefits of having children seemed to outweigh the concerns."

“ quotable ”

If you can find a path with no obstacles, it probably doesn't lead anywhere.

— Frank A. Clark

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Childhood flu shot can save lives

Press Release

Centers for Disease Control and Prevention

A report issued recently by the Centers for Disease Control and Prevention (CDC) estimates that only 4.4 percent of the nation's children aged 6 to 23 months were fully vaccinated against influenza during the 2002-03 influenza season, the first season CDC encouraged influenza vaccination for healthy children.

This first CDC report on childhood influenza vaccination coverage also estimates that only 7.4 percent of the children aged 6 to 23 months had received at least one dose of the vaccine.

“Too few young children are protected against influenza, which for this age group, can be a very serious illness,” said Dr. Julie Gerberding, CDC director. “This season, CDC



not only encourages flu shots for young children, we recommend them. We’re urging more parents to get their children vaccinated against influenza because annual flu shots will reduce cases of influenza and its complications, decrease hospitalizations, and save lives.”

To be fully vaccinated, previously unvaccinated children should receive two doses. Children who have received any dose of influenza vaccine in previous years require only one annual dose.

Recent studies show that children less than two years old, even healthy children, are more likely than older children to be hospitalized with serious complications if they get the flu. Because children younger than two are at increased risk for influenza-related hospitalization, vaccination is also recommended for their family members, other people living or working in their household and childcare providers. It is particularly important that people who are contacts of children younger than six months be vaccinated because influenza vaccination is not approved for children younger than six months of age.

During the 2003-2004 influenza season,

CDC received reports of 152 flu-related deaths among children (under age 18) from 40 states. The vast majority of these children were not adequately vaccinated against flu. Almost half of the children had an underlying medical condition, but 40% were previously healthy.

The report being released today is based on data from the 2003 National Immunization Survey (NIS) and provides a baseline estimate for influenza vaccination for young children. The NIS is an ongoing survey that provides estimates of vaccination coverage among children. Childhood influenza vaccination status will now be routinely collected as part of the NIS and the data will be used to assess and report childhood influenza vaccination coverage among children in the United States.

For the full MMWR article, including state coverage rates, visit www.cdc.gov/mmwr/preview/mmwrhtml/mm5337a1.htm.

Full dose of pneumococcal vaccine recommended

Press Release

Centers for Disease Control and Prevention

Public health and physician groups today recommended that healthcare providers resume the full four-dose routine vaccination schedule for Pneumococcal Conjugate Vaccine (PVC7).

The Centers for Disease Control and Prevention, the Advisory Committee on Immunization Practices, the American Academy of Family Physicians, and the American Academy of Pediatrics made the decision to return to the full, four-dose schedule because production capacity has increased and vaccine supply is now sufficient to meet national demand.

The vaccine can help prevent serious pneumococcal diseases, such as meningitis and blood infections, which in some cases are fatal. Invasive pneumococcal disease is the leading cause of

bacterial meningitis in the United States. Children under two are at highest risk. Before a vaccine was available, pneumococcal infection caused more than 700 cases of meningitis, 13,000 blood infections and about 5 million ear infections yearly.

Production problems earlier this year caused shortages of the vaccine that prompted the health groups to reduce the recommended four doses to two doses in March for healthy children. In July, vaccine supplies became adequate to increase the number of doses administered from two to three. Supplies are now adequate to allow a return to the full, four-dose routine schedule.

“CDC has worked closely with the manufacturer to continually monitor the situation and manage limited supplies of the vaccine. The manufacturer has assured CDC that PCV7 supplies are now adequate and healthcare providers should return to the

full schedule,” said Dr. Steve Cochi, acting director of the CDC National Immunization Program.

The recommended four-dose schedule for young children includes: one dose each at 2 months, 4 months, and 6 months of age, and one dose between 12 and 15 months of age.

The health groups also recommended a catch-up schedule for those children who missed vaccinations during the shortage. Parents of healthy children who missed doses of PVC7 during the shortage should contact their healthcare provider about catch-up vaccination.

For a complete catch-up schedule visit www.cdc.gov/mmwr/PDF/wk/mm5336.pdf. The highest priority for catch-up vaccination is children under five years old at high risk for invasive pneumococcal disease who are not yet fully vaccinated.



Cpl. Jessica M. Mills

Eagles quarterback Zakk Gorman, 10, looks for his receiver in the second quarter of Tuesday night’s game against the Bulldogs. The Eagles held the lead for the entire game, and eventually won 20–6.

FLAG FOOTBALL, From C-1

made numerous sacks and interceptions throughout the quarter to keep the Bulldogs at bay.

On the Eagles 1st down at the 30-yard line, Gorman passed to Kyle Cox, 8, who managed to slip through the Bulldogs linebackers and made the second touchdown of the evening. Although they were again unable to gain the extra point, the Eagles now lead the game 12–0.

The Bulldogs continued to put up an honorable fight, but again on 1st and 20, the Eagles broke down their air attack causing an incomplete pass. On the second down, the bulldogs desperately reach for the 40-yard line, but are tagged inches away at the 38 and leading to the turnover.

Seconds before halftime, during the 2nd down at the 30-yard line, the Eagles reach the 35-yard line before the Bulldogs viciously took the Eagles’ running back down closing out the half.

During halftime, a heavy downpour began on the fields, and continued

throughout the rest of the game. But the rain meant nothing to the players, if anything, it excited them more.

“Everybody played the best game I’ve seen since the season started, they really did a great job,” said Eagles Coach, Lorenzo Walker. “They used teamwork and a lot of heart during this game. They gave it their all, even in the rain.”

“This is real football weather, there is nothing better.” said one supportive parent.

During the third quarter control of the ball went back and forth. Due to slippery fields and a slippery ball, there were a number of dropped balls and falling players.

Although the weather seemed to be on the Bulldogs side, since it slowed down the Eagles offense, it was not enough. During the 4th down at the 10-yard line, the Bulldogs punted, which Gorman caught and took the Eagles to the three-yard line bringing them to first and goal. On the Eagles 1st down, Gorman crosses the end zone and raises the Eagles lead, 18–0, followed by another two point pass

made by Walker, ending the 3rd quarter, 20–0.

Finally in the last moments of the game, Bulldog quarterback Jacob Davis, 10, made it to the 19-yard line before he was sacked.

During the second down, Alexander used his small build and excessive speed to make the Bulldogs first touchdown. Although the team knew they would not win, it didn’t matter, because they still scored.

The Bulldogs took a stab at gaining the extra point, but Walker intercepted their pass and the game ended with the Eagles ahead 20–6.

“The next game I expect them to have a stronger defense, they missed some really important blocks during this game,” said Walker. “If we had played against a running team, we would have had a lot more problems.”

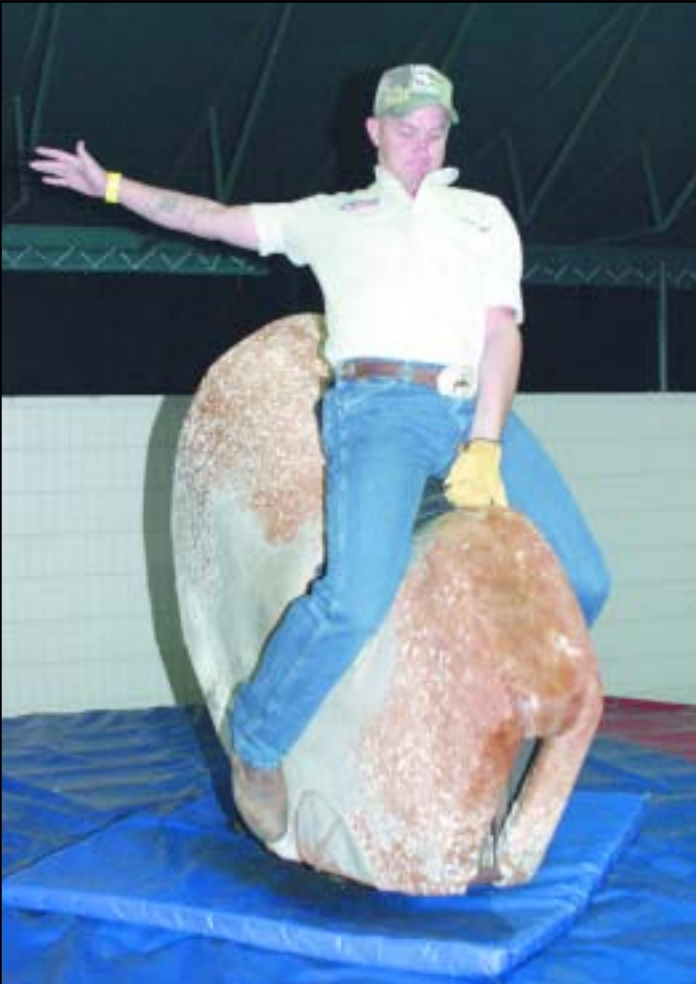
The MCB Hawaii Flag Football League began its season here in September, and will continue to play once a week until Nov. 13, when the championship will take place.

HATERS, From C-1

they had worked hard since the last game to turn the tables around. The Haters looked like a different team as they reversed fatal mistakes they had made early in the season and dominated the field.

In the final minutes of play, Rose made sure the Raiders paid for their previous victory against them as he ran through the defense once again to add an additional six-points to the board securing their victory and making a promising statement for his once unsuccessful team.

Both teams are trying to stay out of the basement in the conference standings and each now has one win apiece.



Cpl. Megan L. Stiner

Petty Officer 3rd Class Ernest Boerlin, an aviation support equipment technician with Marine Aviation Logistics Squadron 24, keeps himself on top of the mechanical bull at Kahuna’s Sports Bar & Grill during the “Bucking Bull Contest” October 6.

BULL, From C-1

Red Bull is helping to sponsor the event and each Wednesday during “country western night” the energy drink is on special for half off.

There are a total of nine contestants already qualified for the finals on Dec.1. The next scheduled trials for the bucking contest are Nov. 3. The final prize out of the 12 contestants is a television valued at \$150.

“It’s a good time, I recommend coming out and giving it a try, there’s really nothing to lose,” said Parks.